

# TAEKWONDO

KYORUGI & POOMSAE WEEKEND

2023.10.21-22. — BUDAPEST



# KYORUGI & POOMSAE WEEKEND

We would like to invite you to participate at our sport's foundation (Together for Taekwondo) sports' program, called Kyorugi Camp & Poomsae Weekend.

This program is aimed to be held every year and is a great opportunity for our sportsmen and for your club members to learn as well as show off their essence.

The Together for Taekwondo Foundation was created to support the financially disadvantage taekwondo athletes. One of our greatest goals is to organise this event annually and promote the Taekwondo in Hungary.



## CONTACT

Organized by: Together for Taekwondo Foundation

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Date: 2023.10.21-22.

Place: Budapest

### Test competition registration:

- [kpw.etkd.hu](http://kpw.etkd.hu)

- <https://www.tpss.eu>

### Registration deadline:

Registration for test competition: 2023.10.18 24:00 (<https://tpss.eu>)

Pre-registration - Friday: 2023.10.20. 17:00-19:00

Location: 1048 Budapest, Baross utca 80.

Registration for the seminar - Saturday: 2023.10.21. 08:00-09:00

Poomsae location : 1048 Budapest, Baross utca 80. (UTE Taekwondo)

Kyorugi location: 1044 Budapest, Megyeri út 12. (UTE Judo)

Weigh-in: 2023.10.21. 17:00-20:00

Location: 1048 Budapest, Baross utca 80.

Graduation: from 10th Kup. and higher

Entry fee: 25 EUR / 2 days, 20 EUR / 1 day.

Competition rules of the MTKDSZ shall be applied.

Protest is not allowed.

If one of the categories has low number of participants, we will hold round-robin tournaments.

The competitors must play a bronze match.

Awarding: medal and certificate.

Scoring system: DAEDO trunk and head gear.

Combinations can be applied by arrangement.

The parental declaration can be downloaded from the following website: [kpw.etkd.hu](http://kpw.etkd.hu)



# TIMETABLE

**Saturday:** 08:00 - 09:00 – Registration

09:00 - 10:30 – Training (Kyorugi/Poomsae)

11:00 - 12:30 – Training (Kyorugi/Poomsae)

12:30 - 13:30 – Lunch

14:00 - 15:30 – Training (Kyorugi/Poomsae)

15:00 - 17:00 – Referee training

15:30 - 16:30 – Sparring

17:00 - 20:00 – Weigh-in

**Sunday:** 09:00 - 09:20 – Coach meeting

09:20 - 10:00 – Opening Ceremony

10:00 - – Tournament



# KYORUGI

## Categories:

The contestant and the coach will decide whether contestant competes either in category A or B. If the competitor decides to compete in category A without the minimum sufficient KUP, can do it but only at his / her own risk. Competitors with 4. KUP or higher grade cannot compete in category B. The breakdown into A and B categories applies only to Cadet and Junior age groups.

### A category

4. KUP or above Category

### B category

10. KUP – 5. KUP

### Pupils – 2018,2017,2016, 2015, 2014

Boys: -18, -20, -22, -24, -26, -28, -30, -32, -34, -36, -38, -41, -44, +44

Girls: -18, -20, -22, -24, -26, -28, -30, -32, -34, -36, -38, -41, -44, +44

### Cadets – 2013, 2012, 2011, 2010, 2009

Male: -33, -37, -41, -45, -49, -53, -57, -61, -65, +65

Female: -29, -33, -37, -41, -45, -49, -51, -55, -59, +59

### Juniors – 2008, 2007, 2006

Male: -45, -48, -51, -55, -59, -63, -68, -73, +78

Female: -42, -44, -46, -49, -52, -55, -59, -63, -68, +68

### Seniors – 2006 +

Male: -54, -58, -63, -68, -74, -80, -87, +87

Female: -46, -49, -53, -57, -62, -67, -73, +73

### Veterans – 1988+

Male: -54, -58, -63, -68, -74, -80, -87, +87

Female: -46, -49, -53, -57, -62, -67, -73, +73

## Elimination rounds and final:

Pupils: 3 x 1 min – No contact on Head

Cadets: 3 x 1,5 min – Contact on Head

Juniors: 3 x 1,5 min – Contact on Head

Seniors: 3 x 1,5 min – Contact on Head

Veterans: 2 x 1,5 min – No contact on Head



# POOMSAE

The year of birth counts when determining age groups. In the Pair Poomsae Category the pairs can compete in mixed pairs in A category, and they can compete mixed or same-sex pairs in B Category. Age is based on the year of birth.

In A category the Poomsae which has to be performed is what you can find on <https://tpss.eu> or <https://kpw.etkd.hu> site. In B category the competitors can choose Poomsae according to the below. Each round there will be 2 Poomsae. In category B the contestants can repeat the poomsae only with 10-9. kup.

Cut-off system:

- 1st round: preliminary, 20 or more contestants
- 2nd round: semi-final, 9-19 contestants
- 3rd round: final 1-8 contestants

## Individual and Pair:

### A Category: (3. kup or higher)

- Cadet (12-14) – Taegeuk 4, 5, 6, 7, 8
- Junior (15-17) – Taegeuk 6, 7, 8 Koryo
- Senior (18+) / – Taegeuk 6, 7, 8 Koryo, Keumgang, Taebaek
- Veteran (31+) – Taeguk 6, 7, 8, Koryo, Keumgang, Taebeak, Pjongwon, Shipjin

### B Category: (10. kup – 4. kup)

- Kids (7-11) - Taeguk 1,2,3,4
- Cadet (12-14) – Taeguk 1, 2, 3, 4, 5, 6
- Junior (15-17) – Taeguk 1, 2, 3, 4, 5, 6
- Senior (18+) – Taeguk 1, 2, 3, 4, 5, 6
- Veteran (31+) - Taeguk 1, 2, 3, 4, 5, 6

## Freestyle

### Any belt grade

- Cadet (12-14)
- Junior (15-17)
- Senior (18+)



